

### CME Information for this meeting

Accreditation: The Illinois Academy of Family Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: AMA PRA Category 1 - The Illinois Academy of Family Physicians designates this live activity, 2015 Family Medicine Midwest Conference for a maximum of 12.00 AMA PRA Category 1 credits™.

Prescribed - Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Faculty Disclosure: The Illinois Academy of Family Physicians adheres to the conflict of interest policy of the ACCME and the AMA. It is the policy of Illinois AFP to ensure balance, independence, objectivity, and scientific rigor in all its educational activities. All individuals in a position to control the content in our programs are expected to disclose any relationships they may have with commercial companies whose products or services may be mentioned so that participants may evaluate the objectivity of the presentations. In addition, any discussion of off-label, experimental, or investigational use of drugs or devices will be disclosed by the faculty. Only those participants who have no conflict of interest or who agree to an identified resolution process prior to their participation were involved in the CME activity.

## Preconference Sessions:

Register for these opportunities when you register online for the conference!  
For only \$25, you can attend any of the activities listed below

2:00-3:30 p.m.

**Community and Population Health** - led by Keia Hobbs, MD, University of Illinois at Chicago and Jacob Prunuske, MD, University of Minnesota-Duluth co-chairs. Join small discussion groups to discuss presentations and plan how to address population and community health in the workplace.

**Maternity Care Collaborative** - led by Evelyn Figueroa, MD, UIC Family Medicine Residency and Stephan Sladek, MD, Advocate Christ Family Medicine Residency, (Two 90-minute sessions) - this mainstay of Family Medicine Midwest will cover the wide ranging issues facing mother's -to-be and their babies. Dedicated to enhancing preconception, prenatal and postpartum care. We intend to generate awareness of existing tools/resources and develop new projects which aim to improve maternal and child health.

**Integrative Medicine: Practical Implications of a "Whole Health Approach"** - led by Adam Rindfleisch, MD, Integrative Medicine Fellowship Director and Russ Lemmon, DO University of Wisconsin Department of Family and Integrative Medicine. This session is designed to provide the primary care provider with some practical tools to approach difficult clinical problems with a patient-focused, "whole health" approach. An integrative approach to chronic pain and mental health will be highlighted. We will focus on concepts that can be applied in clinical practice, discuss the evidence base for complementary approaches, and allow time for experiential learning and discussion.

4:00-5:30PM

**Osteopathic Manipulative Treatment (OMT) Tricks and Tips for the non D.O. Provider** led by Timothy Ott, DO, SIU-Quincy Family Medicine Residency and Davis Yang, MD, MacNeal Family Medicine Residency

**Global Health** - led by Leah Suarez-Abraham, MD, PCC Wellness Fellowship Director and Daniel Hawthorne, MD, West Suburban Family Medicine Resident. The goal is to further global health education that advocates for Family Medicine and primary health care solutions primarily in low- and middle-income countries (LMICs) by using responsible, ethical, and humble approaches to partnerships with longitudinal relationships.

*Maternity Care Collaborative continues*

*Attending this conference helped me to confirm my personal interest in pursuing a career in Family Medicine. The people that I met during the conference, both students and physicians, are the types of people that I hope to work with in the future.*

An amazing gathering! I had fun, I learned and I caught up with some old friends and made some new ones., especially with students!

## Celebrate with these free social sessions

### Friday Night Welcome Reception from 5:30 to 7:30 p.m.

All attendees and family members are invited to reunite with old friends and make some new ones at this pre-conference welcome reception. Get ready for the Illinois Academy of Family Physicians FP musicians! You read that right, we have a house band!

### Saturday "Gear Up for Your Career" Event for Residents from 5:30-7:00pm.

Illinois AFP's New Physician leaders will share their first-hand recent expertise in the job search, evaluating opportunities, negotiating a contract, finding the right fellowship, working in an FQHC and making the transition from resident to the real world. You'll also have the opportunity to visit with our employer conference supporters to learn what opportunities await!

## Other Conference Opportunities

### Special meetings for regional collaboration

**Program Directors' Meeting : Friday 4:00-5:30 p.m.** An opportunity for Midwest residency program directors to collaborate and share updates. Program directors may send a designee if they are not attending.

**Chairs of Family Medicine Departments Meeting: Saturday from 4:00-5:00 p.m.** Chairs may send another faculty member as a designee to this gathering to update and collaborate with department chairs from Midwest medical schools.

### SAMs Workshops:

Hypertension, Asthma, Cerebrovascular Disease and one still to be determined. Fulfill your ABFM MOC Part IV in our fun and fast-paced group setting.

*Separate registration required and \$275 fee for active members or \$75 for residents per SAMs Workshop. ABFM fees still apply.*

ILLINOIS ♦ INDIANA ♦ IOWA ♦ KANSAS ♦ KENTUCKY ♦ MICHIGAN ♦ MINNESOTA ♦ MISSOURI ♦ NEBRASKA ♦ NORTH DAKOTA ♦ SOUTH DAKOTA ♦ WISCONSIN



**Celebrating Diversity**  
Our Patients,  
Our Communities  
and Ourselves!

October 9-11, 2015

Loews Chicago O'Hare  
Rosemont, IL

[www.iafp.com/fmm](http://www.iafp.com/fmm)

## About the Conference:

Launched in 2012, the **Family Medicine Midwest Foundation** is a 501 (c) 3 organization with a core mission of identifying and supporting students interested in family medicine. We are committed to promoting the value of family medicine to practicing colleagues, future colleagues and the public. This conference will capitalize on the momentum of nationwide health care change, to a system that provides access to high quality primary care to improve outcomes and lives for all patients. Together we will:

- Showcase Midwest family medicine residencies
- Provide a forum for scholarly work and research presentations (CV builders!)
- Highlight community-based practice and best practice sharing
- Promote cooperative and collaborative health care innovation

For more information about the Family Medicine Midwest, please contact Vince Keenan, FMMC Executive Director at [vkeen@iafp.com](mailto:vkeen@iafp.com) or 630-427-8002. *The Illinois Academy of Family Physicians (IAFP) is the meeting management organization for this conference.*

*This conference is held in association with the Society of Teachers of Family Medicine (STFM) and the Association of the Departments of Family Medicine (ADFM)*

**43 out of 72 FM Midwest attendees who graduated from medical school in 2015 chose family medicine residencies. And 31 of them are staying in the Midwest!**

## What FMM Can Do For You:

- Networking for faculty, residents and medical students and collaboration on issues
- Faculty Development/CME
- Enhanced procedural training for all learners
- Career planning and advancement

## Online Registration

[www.iafp.com/fmm](http://www.iafp.com/fmm)

Registration fees are \$250 per resident or faculty attendee, which includes event sessions, CME credits and some meals.

After September 1, the fee is \$300

Medical students who do not receive a scholarship may register for \$250.

Pre-conference workshop fee: \$25 to attend any of them.

SAMs Workshops are \$275 each (does not apply to ABFM fees)

SAMs are \$75 each for Residents

Use your smartphone QR Code Reader and go right to the FM Midwest Website



## Conference Hotel

### Loews Chicago O'Hare Hotel

5300 North River Rd, Rosemont, IL

**Reservations:** 1-877-868-9134 **Room block** - Family Medicine Midwest

Room block rates end September 17, 2015

Room rates: King (single or double rate) - \$149 a night

Double (single or double rate) - \$149 a night

Jr. Suite (single or double rate) - \$224 a night

[www.loewshotels.com](http://www.loewshotels.com) for more information

Check out all the fun things just steps away! Activities, shopping and dining all in one location [www.rosemont.com/mbfinancialpark/](http://www.rosemont.com/mbfinancialpark/)

The hotel is a short walk from the CTA Blue Line and Metra North Central line

## Schedule of Events:

Full session schedule will be online at [www.iafp.com/fmm](http://www.iafp.com/fmm)

Friday, October 9	
8:00 am – Noon	SAMs Workshop 1—Hypertension
11:00 a.m.	Conference Registration opens
2:00-3:30 p.m.	<b>Pre-Conference Events</b> <ul style="list-style-type: none"> <li>• Maternity Care</li> <li>• Population and Community Health</li> <li>• Integrative Medicine</li> </ul>
4:00-5:30 p.m.	<ul style="list-style-type: none"> <li>• Global Health</li> <li>• Osteopathic Manipulative Treatment</li> <li>• Maternity Care (Continued)</li> <li>• Program Directors' Meeting (invitation only)</li> </ul>
5:30-7:30 p.m.	Welcome Reception (open to all attendees and family) featuring Illinois' finest family medicine musicians. Yep, we built a band!
Saturday, October 10	
6:30 a.m.	Registration opens
7:00 a.m.	Breakfast opens
8:00 a.m.	SAM's Workshop 2—Asthma
7:30-8:45 a.m.	Opening Plenary—Wanda Filer, MD "The Renaissance of Family Medicine"
9:00 a.m.-12:00 p.m.	<b>Educational Sessions</b> —all attendees can attend any session <i>Check <a href="http://www.iafp.com/fmm">www.iafp.com/fmm</a> for updated list of sessions!</i>
12:00-1:30 p.m.	Speed Date the Specialty of Family Medicine Luncheon
1:30-2:00 p.m.	Poster Session I & Break
1:30-5:00 p.m.	SAMs Workshop 3—Cerebrovascular Disease
2:00-4:00 p.m.	Residency Fair in Exhibit Hall
4:00-5:00 p.m.	ADFM Chairs of Family Medicine Meeting (invitation only)
4:00-5:00 p.m.	<b>Educational Sessions</b>
5:30-7:00 p.m.	Gear Up for Your Career—Residents Reception
Evening	Dinner on your own! Rosemont has many great options all in easy walking distance! Bowling, movies and a comedy club, too!
Sunday, October 11	
7:30 a.m.	Breakfast opens
7:45-8:45 a.m.	Closing Plenary: Fred Richardson, MD, MBA, FFAFP "Back to the Future: Why the Old-Fashioned House Call is the Future of Family Medicine"
8:00 am—Noon	SAMs Workshop 4—topic TBD
9:00-9:30 a.m.	Poster Session II
9:30-10:20 a.m.	<b>Educational Sessions</b>
10:30 —11:40 a.m.	Research and Paper Presentations
11:45 a.m.	Conference Adjourns

## Diversity of Our Plenary Speakers:



### Wanda Filer, MD, MBA *The Renaissance of Family Medicine*

Dr. Filer is a family physician in York, Pennsylvania, will be president of the American Academy of Family Physicians by the time she speaks at FM Midwest. Filer has been a practicing family physician for more than 25 years. She is the founder and president of the Strategic Health Institute in York, a health care consulting firm dedicated to building awareness of today's health issues and the need for change. In addition, Filer is a family physician at Family First Health, a federally qualified health center in York and Adams Counties. At the state level, Filer served as the first Physician General of Pennsylvania, where she acted as public health advisor to then-Gov. Tom Ridge. She is the past chair of Vision of Hope for the Pennsylvania Coalition Against Rape, which focuses on the prevention of child sexual assault. She worked for 18 years as a health correspondent for WGAL-TV, the NBC affiliate in Lancaster, Pennsylvania.



### Fred Richardson, MD, FFAFP *Back to the Future: Why the Old-Fashioned House Call is the Future of Family Medicine*

Dr. Richardson is Founder and Medical Director of Dr. Richardson's Neighborhood Family Practice in Oak Park, Illinois for the past 24 years. He has taught in the Chicago Health and Medical Careers Program, CAHCMP, at IIT for the past 10 years using an innovative problem based curriculum to develop underrepresented minority students for careers in medicine and the health professions. Dr. Richardson has taught on the national level co-lecturing with the former U.S. Surgeon General, Dr. David Satcher, on disparities in healthcare and was featured in an AAFP 50th anniversary video. He was recently featured on NBC's *Today* show for his home visits to some of Chicago's most dangerous neighborhoods, where he and his wife Julie both grew up. His daughter Jessica is now an intern at UIC Family Medicine Residency.

## Find all this at Family Medicine Midwest:

- **Education sessions dedicated to Faculty Development, Clinical, Resident and Student interests. Attend any sessions:** Procedure Workshops ♦ Panel Presentations ♦ Poster Sessions ♦ Innovations ♦ Inspiration ♦ Career Opportunities ♦ Collaborations
- **Networking** with residents, programs and potential employers from across the Midwest region!
- **Research! Research! Research!** Check out some of the outstanding work from residents and students across the Midwest
- **Residency Fair** – Identify the next great colleagues for YOUR program. Students will have the chance to meet and mingle with over 40 family medicine residency programs all from the great Midwest.
- **Get inspired!** Find a new mentor! Discover a family medicine path that's perfect for you! Learn about opportunities, breakthroughs or something new you never knew!
- **Speed Date the Specialty Luncheon.** Learn about the many different settings where family physicians make a difference and make a fulfilling career path. Find your family medicine!



*Family Medicine Midwest has formed a partnership with NeedyMeds helping patients get access to the medications they can't afford.*

[www.needymeds.org](http://www.needymeds.org)